Sermon notes: March 7, 2021

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| **Watch Out For That Bear Lying In Wait**  Passage: Lamentations 3:19-26 |  |

**Disappointment Is A Part Of Life**

**Jeremiah 20:7 7**You deceived me, Lord, and I was deceived[[b](https://www.biblegateway.com/passage/?search=Jeremiah+20%3A7%3B+Lamentations+2%3A11-12%3B+Lamentations+2%3A15%2C+20&version=NIV#fen-NIV-19430b)];  
    you overpowered me and prevailed. I am ridiculed all day long;  
    everyone mocks me.

**Lamentations 2:11-12** **11**My eyes fail from weeping, I am in torment within;  
my heart is poured out on the ground because my people are destroyed,  
because children and infants faint in the streets of the city.

**12**They say to their mothers, “Where is bread and wine?” as they faint like the wounded in the streets of the city, as their lives ebb away in their mothers’ arms.

**Lamentations 2:15, 20 15**All who pass your way clap their hands at you;  
they scoff and shake their heads at Daughter Jerusalem:  
“Is this the city that was called the perfection of beauty, the joy of the whole earth?”

**20**“Look, Lord, and consider: Whom have you ever treated like this?  
Should women eat their offspring, the children they have cared for?  
Should priest and prophet be killed in the sanctuary of the Lord?

**Disappointment Can Harm Us**

**Lamentations 1:12 12**“Is it nothing to you, all you who pass by? Look around and see.  
Is any suffering like my suffering that was inflicted on me, that the Lord brought on me   
 in the day of his fierce anger?

**Lamentations 1:16, 21 16**“This is why I weep and my eyes overflow with tears.  
No one is near to comfort me, no one to restore my spirit. My children are destitute  
because the enemy has prevailed.”

**21**“People have heard my groaning, but there is no one to comfort me.  
All my enemies have heard of my distress;   they rejoice at what you have done.  
May you bring the day you have announced  so they may become like me.

**Lamentations 3:8 8**Even when I call out or cry for help, he shuts out my prayer.

**Lamentations 3:10-11 10**Like a bear lying in wait, like a lion in hiding,  
**11**he dragged me from the path and mangled me  and left me without help.

**Lamentations 3:15 15**He has filled me with bitter herbs and given me gall to drink.

**Disappointment Can Be Remedied**

**Psalm 27:13-14 13**I remain confident of this:   I will see the goodness of the Lord  
     in the land of the living. **14**Wait for the Lord;  be strong and take heart  
     and wait for the Lord.

**Conclusion:**

## God My Rock

When my heart is overwhelmed  
I will look to You alone  
God my rock God my rock God my rock  
You will stand when others fall  
You are faithful through it all  
God my rock God my rock God my rock

In the blessing in the pain  
Through it all You've never failed me

You are the strength of my heart  
You are the strength of my heart  
I can rely on You  
I can rely on You

When I've struggled to believe  
You have not let go of me  
God my rock God my rock God my rock  
Carried through the darkest storms  
You have held me in Your arms  
God my rock God my rock God my rock

You are the strength of my heart  
You are the strength of my heart  
I can rely on You  
I can rely on You  
You are the joy of my life  
You are my song in the night  
There is no one as true  
Jesus I trust in You (yeah)

Jesus we trust in You  
Jesus we trust in You  
Jesus we trust in You  
Jesus we trust in You God

## Trust In You

### Verse 1

Letting go of every single dream  
I lay each one down at Your feet  
Every moment of my wondering  
Never changes what You see

### Verse 2

I've tried to win this war I confess  
My hands are weary I need Your rest  
Mighty warrior King of the fight  
No matter what I face You're by my side

### Chorus

When You don't move the mountains  
I'm needing You to move  
When You don't part the waters  
I wish I could walk through  
When You don't give the answers  
As I cry out to You  
I will trust I will trust  
I will trust in You

### Verse 3

Truth is You know what tomorrow brings  
There's not a day ahead You have not seen  
So in all things be my life and breath  
I want what You want Lord and nothing less

### Bridge

You are my strength and comfort  
You are my steady hand  
You are my firm foundation  
The Rock on which I stand  
Your ways are always higher  
Your plans are always good  
There's not a place where I'll go  
You've not already stood

## Today Is The Day

### Verse 1

I'm casting my cares aside  
I'm leaving my past behind  
I'm setting my heart and mind on You Jesus  
I'm reaching my hands to Yours  
Believing there's so much more  
Knowing that all You have in store for me is good  
It's good

### Chorus 1

Today is the day You have made  
I will rejoice and be glad in it  
Today is the day You have made  
I will rejoice and be glad in it  
And I won't worry about tomorrow  
I'm trusting in what You say  
Today is the day today is the day

### Verse 2

I'm putting my fears aside  
I'm leaving my doubts behind  
I'm giving my hopes and dreams to You Jesus  
I'm reaching my hands to Yours  
Believing there's so much more  
Knowing that all You have in store for me is good  
It's good

### Bridge

I will stand upon Your truth  
(I will stand upon Your truth)  
And all my days I'll live for You  
(All my days I'll live for You)  
And I will stand upon Your truth  
(I will stand upon Your truth)  
And all my days I'll live for You  
(All my days I'll live)

### Chorus 2

Today is the day You have made  
I will rejoice and be glad in it  
Today is the day You have made  
I will rejoice and be glad in it  
And I won't worry about tomorrow  
I'm giving You my fears and sorrows  
Where You lead me I will follow  
I'm trusting in what You say  
Today is the day (5X)