Sermon notes: March 7, 2021

Watch Out For That Bear Lying In Wait

Passage: Lamentations 3:19-26

Disappointment Is A Part Of Life

Jeremiah 20:7 ⁷ You deceived me, LORD, and I was deceived; you overpowered me and prevailed. I am ridiculed all day long; everyone mocks me.

Lamentations 2:11-12 ¹¹ My eyes fail from weeping, I am in torment within; my heart is poured out on the ground because my people are destroyed, because children and infants faint in the streets of the city.

12 They say to their mothers, "Where is bread and wine?" as they faint like the wounded in the streets of the city, as their lives ebb away in their mothers' arms.

Lamentations 2:15, 20 ¹⁵ All who pass your way clap their hands at you; they scoff and shake their heads at Daughter Jerusalem: "Is this the city that was called the perfection of beauty, the joy of the whole earth?"

²⁰ "Look, LORD, and consider: Whom have you ever treated like this? Should women eat their offspring, the children they have cared for? Should priest and prophet be killed in the sanctuary of the Lord?

Disappointment Can Harm Us

Lamentations 1:12 ¹² "Is it nothing to you, all you who pass by? Look around and see. Is any suffering like my suffering that was inflicted on me, that the LORD brought on me in the day of his fierce anger?

Lamentations 1:16, 21 ¹⁶ "This is why I weep and my eyes overflow with tears. No one is near to comfort me, no one to restore my spirit. My children are destitute because the enemy has prevailed."

²¹ "People have heard my groaning, but there is no one to comfort me.

All my enemies have heard of my distress; they rejoice at what you have done.

May you bring the day you have announced so they may become like me.

Lamentations 3:8 ⁸ Even when I call out or cry for help, he shuts out my prayer.

Lamentations 3:10-11 ¹⁰ Like a bear lying in wait, like a lion in hiding, ¹¹ he dragged me from the path and mangled me and left me without help.

Lamentations 3:15 ¹⁵ He has filled me with bitter herbs and given me gall to drink.

Disappointment Can Be Remedied

Psalm 27:13-14 ¹³ I remain confident of this: I will see the goodness of the LORD in the land of the living. ¹⁴ Wait for the LORD; be strong and take heart and wait for the LORD.

Conclusion:

God My Rock

When my heart is overwhelmed I will look to You alone God my rock God my rock God my rock You will stand when others fall You are faithful through it all God my rock God my rock God my rock

In the blessing in the pain
Through it all You've never failed me

You are the strength of my heart You are the strength of my heart I can rely on You I can rely on You

When I've struggled to believe
You have not let go of me
God my rock God my rock God my rock
Carried through the darkest storms
You have held me in Your arms
God my rock God my rock

You are the strength of my heart You are the strength of my heart I can rely on You I can rely on You You are the joy of my life You are my song in the night There is no one as true Jesus I trust in You (yeah)

Jesus we trust in You
Jesus we trust in You
Jesus we trust in You
Jesus we trust in You God

Trust In You

Verse 1

Letting go of every single dream I lay each one down at Your feet Every moment of my wondering Never changes what You see

Verse 2

I've tried to win this war I confess
My hands are weary I need Your rest
Mighty warrior King of the fight
No matter what I face You're by my side

Chorus

When You don't move the mountains I'm needing You to move
When You don't part the waters
I wish I could walk through
When You don't give the answers
As I cry out to You
I will trust I will trust
I will trust in You

Verse 3

Truth is You know what tomorrow brings There's not a day ahead You have not seen So in all things be my life and breath I want what You want Lord and nothing less

Bridge

You are my strength and comfort You are my steady hand You are my firm foundation The Rock on which I stand Your ways are always higher Your plans are always good There's not a place where I'll go You've not already stood

Today Is The Day

Verse 1

I'm casting my cares aside
I'm leaving my past behind
I'm setting my heart and mind on You Jesus
I'm reaching my hands to Yours
Believing there's so much more
Knowing that all You have in store for me is good
It's good

Chorus 1

Today is the day You have made I will rejoice and be glad in it Today is the day You have made I will rejoice and be glad in it And I won't worry about tomorrow I'm trusting in what You say Today is the day

Verse 2

I'm putting my fears aside
I'm leaving my doubts behind
I'm giving my hopes and dreams to You Jesus
I'm reaching my hands to Yours
Believing there's so much more
Knowing that all You have in store for me is good
It's good

Bridge

I will stand upon Your truth (I will stand upon Your truth) And all my days I'll live for You (All my days I'll live for You) And I will stand upon Your truth (I will stand upon Your truth) And all my days I'll live for You (All my days I'll live)

Chorus 2

Today is the day You have made I will rejoice and be glad in it

Today is the day You have made I will rejoice and be glad in it And I won't worry about tomorrow I'm giving You my fears and sorrows Where You lead me I will follow I'm trusting in what You say Today is the day (5X)