



# The Ultimate Marathon

Proverbs 24:16

Sermon: Rick Myatt

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# PROVERBS 24:16

...for though the righteous fall seven times,  
they rise again, but the wicked stumble  
when calamity strikes.



Perseverance Is Crucial For Mastering Life



# HEBREWS 12:1

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us,

# JAMES 1:4

<sup>4</sup> Let perseverance finish its work so that you may be mature and complete, not lacking anything.

Perseverance Is Crucial For Mastering Life  
We Will Have Ample Opportunity To Quit



# MATTHEW 13:21

<sup>21</sup> But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away.



# 2 TIMOTHY 2:1

<sup>2</sup>You then, my son, be strong in the grace that is in Christ Jesus.



# MATTHEW 13:22

<sup>22</sup> The seed falling among the thorns refers to someone who hears the word, but the worries of this life and the deceitfulness of wealth choke the word, making it unfruitful.

# GALATIANS 6:9

<sup>9</sup> Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.



Perseverance Is Crucial For Mastering Life  
We Will Have Ample Opportunity To Quit  
There Are Resources That Sustain Us





**THERE ARE RESOURCES THAT  
SUSTAIN US**

**Live In God's Grace**

**Focus On The Goal**



# PHILIPPIANS 3:13-14

<sup>13</sup> Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup> I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

# 2 TIMOTHY 4:10

<sup>10</sup>for Demas, because he loved this world, has deserted me and has gone to Thessalonica. Crescens has gone to Galatia, and Titus to Dalmatia.



**THERE ARE RESOURCES THAT  
SUSTAIN US**

**Live In God's Grace**

**Focus On The Goal**

**Believe**



# ROMANS 15:5

<sup>5</sup> May the God who gives endurance and encouragement give you the same attitude of mind toward each other that Christ Jesus had,

# COLOSSIANS 1:11

<sup>11</sup> being strengthened with all  
power according to his glorious might so that  
you may have great endurance and patience,



# PSALM 37:24

<sup>24</sup> though he may stumble, he will not fall,  
for the LORD upholds him with his hand.

# THERE ARE RESOURCES THAT SUSTAIN US

**Live In God's Grace**

**Focus On The Goal**

**Believe**

**Look At Jesus**

# HEBREWS 12:2-3

<sup>2</sup> fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. <sup>3</sup> Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.