



Welcome To the

# Anchor Church

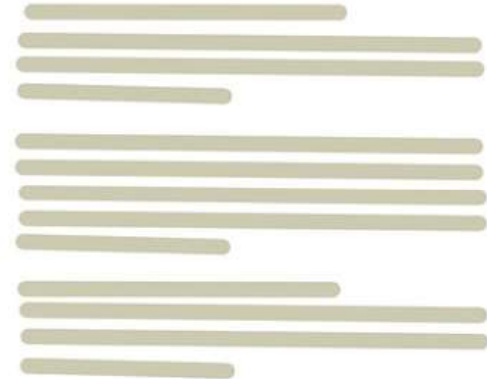
We are glad you are here

# USER'S MANUAL

Ephesians 4:25-29



## USER GUIDE



August 18, 2019

Sermon by:

*Rick Myatt*

# Ephesians 4:25-28

<sup>25</sup> Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body. <sup>26</sup> “In your anger do not sin”: Do not let the sun go down while you are still angry, <sup>27</sup> and do not give the devil a foothold. <sup>28</sup> Anyone who has been stealing must steal no longer, but must work, doing something useful with their own

# Ephesians 4:28-29

hands, that they may have something to share with those in need. <sup>29</sup> Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

# Obey the Four Taboos

Don't

Lie

# 1 Samuel 21:2

<sup>2</sup> David answered Ahimelek the priest, “The king sent me on a mission and said to me, ‘No one is to know anything about the mission I am sending you on.’ As for my men, I have told them to meet me at a certain place.

# 1 Samuel 22:16

<sup>16</sup> But the king said, “You will surely die, Ahimelek, you and your whole family.”

# 1 Samuel 22:19

<sup>19</sup> He also put to the sword Nob, the town of the priests, with its men and women, its children and infants, and its cattle, donkeys and sheep.



# 1 Samuel 22:23

<sup>23</sup> Stay with me; don't be afraid. The man who wants to kill you is trying to kill me too. You will be safe with me."

# Obey the Four Taboos

Don't

Lie

Give In To Anger

# James 1:20

<sup>20</sup> because human anger does not produce the righteousness that God desires.

# Obey the Four Taboos

Don't

Lie

Give In To Anger

Steal

Use Sick Language

# Matthew 12:36

<sup>36</sup> But I tell you that everyone will have to give account on the day of judgment for every empty word they have spoken.

# Proverbs 18:21

**21** The tongue has the power of life and death,  
and those who love it will eat its fruit.

# Application

**Don't Make This a "To-Do List"**

**Recognize The Root**

**Keep Focus Always**

**Remember, Faith Is the Power**