

Taking a Rest

Hebrews 4

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Notes

4:1-5 Some who _____ God's rest won't enjoy it because of their lack of _____.

4:6-10 True rest comes in laying down our _____ for God and _____ ourselves to Him.

4:11-13 Trusting in our own efforts for God will _____ us.

4:14-16 In our _____, we can and should boldly seek _____ from the One who lived with and understands our _____.

God's plan for our life in Him is far greater than anything we could have ever come up with on our own. Our plans typically involve impressing God with our self-made righteousness. We work and we strive with all of our might to win Him over. Those who persist in striving for His approval will be cut to shreds by this impossible task. This kind of life leaves us broken and weary.

God's plan has always and will always be faith. Faith involves laying down our efforts for Him and trusting Him for His life in and through us. This is the only plan that will bring true rest both here and into eternity. Yet, this requires us to admit our weakness, our lack, and our complete inability to produce the righteousness God requires, and to run to Him for the help we need. This is the simple yet difficult task before us...giving up on us, so He can be seen living in us.

The day is done. Our work is through. It's time for bed. Let's put our pajamas on, head to bed, and drift off to sleep under the life-giving rest of our Comforter.

What are one or two lessons that God is showing you or reminding you of this morning?
